



Medi-Cal Behavioral Health Quick Guide Inpatient Psychiatric Treatment

OptumHealth Public Sector Provider Line (800) 798-2254

Hospital	Address/Phone		Notes
Alvarado Hospital	6645 Alvarado Road San Diego	(800) 258-2723	55 and older.
Alvarado Parkway Institute	7050 Parkway Drive. La Mesa.	(800)766-4274	Under 21 or 65 & older for Medi-Cal reimbursement.
Aurora Behavioral Health	11878 Ave. of Industry. San Diego.	(858) 487-3200	Under 21 or 65 & older for Medi-Cal reimbursement.
Bayview Behavioral Health	330 Moss St. Chula Vista.	(619) 585-4620	18 and older.
RADY's Child and Adolescent Psychiatry (CAPS)	3020 Children's Way San Diego	(858) 966-8145	Up to 18.
Palomar Medical Center	555 East Valley Parkway. Escondido.	(760) 739- 3000	18 and older.
Paradise Valley Hospital	2400 East 4 th Ave National City.	(619) 585-4620	18 and older.
Pomerado Hospital	15615 Pomerado Road. Poway.	(858) 613-4000	18 and older.
Scripps Mercy Hospital	4077 Fifth Ave. San Diego.	(619) 294-8111	18 and older.
Sharp Grossmont Hospital	5555 Grossmont Center Di La Mesa.	r. (619) 465-0711	18 and older.
Sharp Mesa Vista	7850 Vista Hill Ave. San Diego.	(858) 278-4110	Under 21 or 65 & older for Medi-Cal reimbursement.
UCSD Medical Center	5550 West Arbor Drive. San Diego.	(619) 543-6350	18 and older.

Inpatient Psychiatric Treatment

Inpatient Psychiatric Treatment for Medi-Cal beneficiaries including those on a Medi-Cal Managed Care Plan is the responsibility of the San Diego County Mental Health Plan (MHP). Representing the MHP, OptumHealth authorizes and provides inpatient utilization management.

Emergency Screening Unit (ESU)

For children and youth up to age 18 that are uninsured or have MediCal, the Emergency Screening Unit provides psychiatric evaluation and screening for children and adolescents requiring inpatient hospitalization, crisis stabilization or other intensive services due to a psychiatric emergency. The ESU is located at 4309 Third Ave. San Diego, CA. 92103. **619-876-4502.**

County Psychiatric Hospital Emergency Psychiatric Unit (EPU)

The EPU provides psychiatric evaluation, including screening for inpatient hospitalization and crisis stabilization for Adults & Older Adults. 3853 Rosecrans St, San Diego, CA, 92110. **(619) 692-8200.**

















Behavioral Health Consults/Psych Evaluations

Facility Type	County Mental Health Plan (MHP)	Medi-Cal Managed Care Plan
Emergency Room	MHP when the ER visit results in a psychiatric admission in the same facility as the ER.	Health Plan responsibility.
Skilled Nursing Facility	MHP responsibility if member/client placement is due solely for a psychiatric condition.	Managed Care Plan responsibility if member/client has medical issues as primary reason for placement.
Special Treatment Program (STP)	МНР	N/A Managed Care Plan covers physical health care while member/client is admitted to a STP.
Group Home/Independent Living Facility	MHP responsibility if member/client has been determined to have a Serious Mental Illness/Serious Emotional Disorder.	Managed Care Plan responsibility if member/client has been determined to have a mild to moderate mental health condition or has not had a mental health evaluation.
Start Program/Crisis House	МНР	N/A Managed Care Plan covers physical health care while a member resides in a Start Program/Crisis House.
Mental Health Rehab Facility/Mental Health Rehab Center/Adult Residential Facility	MHP If the facility does not employ a psychiatrist/behavioral health clinician authorization should be obtained through OptumHealth Public Sector.	N/A Managed Care Plan covers physical health care while member/client resides in a Mental Health Rehab Facility.
Acute Medical Facility Mental Health Observation Unit/Crisis Stabilization Unit	МНР	N/A
Institute for Mental Disease (IMD)	МНР	N/A Managed Care Plan covers physical health care while member/client resides in an IMD.
Acute Psychiatric Hospital (including County Psychiatric Hospital)	МНР	N/A Managed Care Plan covers physical health care while member/client is admitted to an acute psychiatric hospital.
Acute Medical Hospital	MHP covers psychiatric consultation for clients with a serious mental illness.	Managed Care Plan is responsible for facility charges while client is in an acute medical hospital if medically necessary (for medical reasons). If medical necessity is not met payment is not authorized.
Emergency Psychiatric Unit (EPU)	МНР	N/A
Emergency Screening Unit (ESU)	МНР	N/A
North County Crisis Intervention and Response Team	МНР	N/A